CME Topics & Speakers

Beyond The Feet And Eyes - Incorporating Liver Disease Screening and Treatment in Diabetes Management
P. Brent Smith, MD, FAAFP - Program Director, MS Family Medicine Residency
Objectives:

- Review the prevalence and pathology of the effects of metabolic disease on the liver
- Discuss screening and evaluation recommendations for detecting liver fibrosis as a result of metabolic disease
- Discuss the current treatment options for MASH and MASLD

Decoding the 2025-2030 Dietary Guidelines for Clinical Practice
Toby Amidor, MS, RD, CDN, FAND- Nutritionist, Recipe Developer, and Best Selling Cookbook Author
Objectives:

- Understand the latest changes to the 2025-2030 dietary guidelines for Americans
- Confidently discuss the research related to major themes within the Dietary Guidelines for Americans
- 3Foster confidence when educating on making healthier food choices.

Old Problems With New Solutions: Chronic Tendinopathy Treatment
Jeremy Wells, MD - Family Medicine and Sports Medicine, Hattiesburg Clinic
Objectives:

- Understand the pathophysiology of chronic tendinopathy and recognize it clinically
- Understand the work up and reasoning for initial treatments of chronic tendinopathy
- Recognize candidates and indications for newer chronic tendinopathy treatment

RCC IN FOCUS Year 2: An ATS Multi-Year Educational Initiative Focused on Addressing the Unmet Needs of Refractory Chronic Cough
Objectives:

- Summarize best practices for the diagnosis of refractory chronic cough (RCC) in alignment with current evidence-based guidelines.
- Describe the underlying pathophysiology of RCC, including current understanding of the mechanisms involved in cough hypersensitivity.
- Assess ongoing developments in clinical research and emerging therapies, and evaluate their potential impact on improving patient outcomes in RCC.

Treating Beyond the Scale: Evidence Based, Personalized Approaches for Chronic Disease Management
Donna Ryan, MD, FTOS
Objectives:

- Summarize the rationale for treating obesity as a chronic, progressive disease that requires early intervention
- Establish individualized weight loss targets and long-term treatment strategies for people with obesity that consider guideline recommendations and the latest evidence
- Select appropriate pharmacotherapies for obesity management based on treatment goals, patient characteristics, and comorbidities
- Apply shared decision-making principles to address patient concerns and support treatment adherence

Mind Matters: We have a diagnosis. What Next?
Chloe Kilman, MD - UMMC Division of Geriatrics and The MIND Center
Objectives:

- Identify the early warning signs and symptoms that distinguish normal aging from possible dementia.
- Explain the standard diagnostic process for dementia, including cognitive tests, medical history review, and brain imaging.
- Outline the key next steps after a dementia diagnosis, including treatment options, care planning, and support resources for patients and families.

What Keeps You Up At Night? A Family Medicine Panel Discussion
Objectives:

- Identify common clinical, professional, and system-level challenges that impact the practice of family medicine.
- Discuss practical strategies for managing complex patients, healthcare system challenges, and team dynamics.
- Explore approaches to maintaining professional well-being, achieving work-life balance, and adapting to the evolving landscape of family medicine.